

Huabing Liu, Ph.D.

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WORK

Assistant Professor, Shanghai Jiaotong University **Sep 2021 – Present**
Center for Mental Health Research and Intervention, School of Education

EDUCATION

Loyola University Chicago, Chicago, IL Aug 2016 – Jul 2021

- Ph.D. in Counseling Psychology (APA Accredited)

Indiana University, Bloomington, IN Aug 2014 – May 2016

- M.Ed. in Counseling and Counselor Education (CACREP Accredited)
- Advanced Excellence Tuition Fellowship; National Certified Counselor

Fudan University, Shanghai, China Sep 2009 – Jun 2013

- Major: B.S. in Psychology; Minor: B.S. in Accounting
- 4 consecutive years of Academic Excellence Scholarship

Georgetown University, Washington DC Jul 2012 – Aug 2012

- Summer Exchange Program, GPA 3.67/4.00
- Excellence Scholarship of Summer Exchange Program

CLINICAL EXPERIENCE

Part-Time Clinical Counselor **Feb 2021 - Present**
Center for Counseling and Psychological Services, Shanghai Jiaotong University

- Providing counseling services for SJTU students every week.
- Receiving biweekly 2-hour supervisions from psychologists 桑志芹、杨文圣、张洪英等。
- Contributing to outreach work such as SJTU FM1896 platform, psychoeducation lectures, etc.

Pre-Doctoral Psychology Intern (2000 clinical hours) Aug 2020 – Aug 2021
Center for Counseling and Psychological Services, University of Massachusetts Amherst, MA
(APA-Accredited Pre-Doctoral Internship)

Clinical Supervisors: Jennifer Lexington, PhD, Licensed Clinical Psychologist

Marymar Rivera, PhD, Licensed Clinical Psychologist

Jennifer Muñiz-Rodriguez, PsyD, Licensed Clinical Psychologist

Assessment Supervisor: Jennifer Lefort, PhD, Licensed Clinical Psychologist

- 500 direct hours.
- Working 40 hours per week, including 3 hours of individual supervision, 2 to 4 hours of group supervision, 3 hours of didactic trainings (e.g., topics of crisis services), 2 to 3 hours of groups and workshops, 12 to 20 hours of individual counseling, 1 to 2 hours of outreach, and several hours of clinical and staff meetings.
- Providing bilingual biopsychosocial intake assessment, individual psychotherapy, and group psychotherapy for the university students and their family members in the telehealth setting, with a brief and intermittent therapy model.



- Working with/without other university departments to provide outreach, teaching and event services as needed, e.g., regularly hosting Let's Talk and Let's Talk globally, cooperating with International Programs Office to develop community conversations and group services for international students.
- Providing on-call, triage and crisis services; providing assessment services for university students.
- Developing and leading workshops and groups to advocate for the students' needs, e.g., the post-election support group for international students.
- Engaged in the multidisciplinary team with the goal of providing the best services for students, e.g., engaged in eating disorders integrated care meetings to cooperate with nurse practitioners, nutritionists and psychiatrists.
- Engaged in the clinical teams, such as trans genders clinical team, post-election support team, eating disorders integrated care team, multicultural team, and weekly clinical consultation team.

Doctoral Practicums

Accumulated about 1950 supervised clinical hours, including 650 direct hours and 270 supervision hours.

Haverford College Counseling and Psychological Services, Haverford, PA.

Aug 2019 – Dec 2019

Supervisors: Pamela Lehman, PhD, Licensed Clinical Psychologist

Adam Edmunds, PsyD, Licensed Clinical Psychologist

Jon Krigel, PsyD, Licensed Clinical Psychologist

- Worked 16 hours a week, including 2 hours of individual supervision, one and a half hours of group supervision, 8 to 10 hours of individual intake and therapy, and 4.5 hours of team meetings (e.g., reading groups and staff meeting).
- Provided intake assessment, individual psychotherapy and group psychotherapy towards liberal arts college students with concerns of trauma, self-exploration, substance use, anxiety, depression, bipolar, eating disorders, personality disorders, etc.
- Providing supervised mandarin counseling services for students who prefer to speak Mandarin.

Student Health and Wellness Center, Illinois Institute of Technology, Chicago, IL

Aug 2018 – May 2019

Supervisor: Christy Reh, PsyD, Licensed Clinical Psychologist

- Worked 24 hours per week, including 2 hours of supervision, 12~18 direct hours and 2 hours of didactic trainings and staff meeting. Didactic training topics included crisis management, psychodiagnostic assessment, trauma treatment, Title IX, university resources, etc.
- Provided intake assessment, individual psychotherapy and triage assessment towards mostly engineering students, aged from 18 years old to 40 years old, with concerns of anxiety, depression, bipolar, borderline personality disorder, eating disorders, etc.
- Developed and engaged in outreach events on campus, such as Chinese international students outreach projects and social media operation (e.g., Instagram and Facebook).

Loyola Community and Family Services, Chicago, IL

Aug 2017 – May 2018

Supervisors: Richard Renfro, PhD, Licensed Clinical Psychologist (Therapy)

Jennifer Rose, PhD, Certified School Psychologist (Assessment)

- Worked 20 hours per week, including 2 hours of supervision, 5~10 hours of individual and family therapy, 3 hours of group therapy, and flexible hours of assessment and 3rd party consultation (e.g., requesting specialized interventions from teachers and schools to advocate for the students' needs).
- Provided supervised intake, individual, family psychotherapy services towards children, teenagers and their families, mostly low SES immigrants. Presenting concerns included family conflicts, school absence, anger issues, behavioral problems, cultural adjustment, etc.



- Provided supervised group psychotherapy for students in primary school regularly. Group topics included anger management, interpersonal communication, social-emotional development, etc.
- Provided supervised assessment services for children by using assessments such as Conners-3, WISC-V, WJ-IV ACH and D-KEFS. Concerns included ADHD symptoms, behavioral and academic problems, autism, etc.

Doctoral Supervisor, Loyola University Chicago, Chicago, IL

Sep 2018 – Dec 2018

Supervisor: Rufus Gonzales, PhD, Licensed Clinical Psychologist; Supervisees: two master's students

- Provided 1-hour group supervision per week for two master's level practicum students, one of whom worked in community mental health clinic and the other worked in hospital with outpatients.
- Received 2-hour group supervision by a licensed psychologist.

Arrupe College, Loyola University Chicago, Chicago, IL

Sep 2016 – May 2017

*Supervisors: Rufus Gonzales, PhD, Licensed Clinical Psychologist**Farrah R Ellison-Moore, LPC, NCC*

- Worked 22 hours per month, including 2 hours of supervision.
- Managed Sisterhood Leadership Committee and guided students in the committee to develop and coordinate sisterhood meetings, as well as help them learn communication and group leading skills.
- Provided academic and mental health workshops (e.g., time management, academic resources) and individual mentoring for students at Arrupe College, mostly first-generation students from minority groups and low SES background.

Master's Practicums**Accumulated 770 clinical hours, including 295 direct hours and 178 supervision hours.****Center for Human Growth, Indiana University Bloomington, IN**

May 2015 – May 2016

*Supervisors: Lynn Gilman, PhD, HSPP**Rex Stockton, PhD, HSPP*

- Worked 20 hours per week, including 1 hour of individual supervision, 1 hour of group supervision, 1 hour of supervision for psychotherapy group, 6~12 hours of individual therapy, 1.5 hours of group therapy, staff meetings and trainings.
- Provided bilingual individual counseling services for a diverse population of college students and community members (aged from 18 years old to 50 years old) with presenting concerns about anxiety, depression, interpersonal difficulties, academic difficulties, trauma, etc.
- Co-led a 10-week interpersonal relationships and adjustment group for Chinese international students.
- Developed and engaged in outreach services for students in Indiana University and Ivy Tech Community College. Activities included introducing substance use knowledge, depression and anxiety screening services, etc.

Batchelor Middle School, Bloomington, IN

Oct 2015 – May 2016

Supervisor: Lynn Gilman, PhD, HSPP

- Provided supervised individual and group counseling services per week for middle school students. Individual presenting issues and group topics included emotion regulation, social skills development, anger management, bullying, family relationships, anxiety, etc.
- Worked 30 hours per month, including 1.5 hours of group supervision per week.

Diversity Outreach Team, Indiana University Bloomington, IN

Sep 2015 – Jan 2016

Supervisor: Paul Toth, PhD, Licensed Clinical Psychologist

- Developed and engaged in outreach activities targeting IU college students, especially international and Asian American students.



Mental Health Hospital of Yangpu District, Shanghai, China

Oct 2013 – Jan 2014

Supervisor: Zhengrong Mao, MD, Psychiatrist

- Practiced 5 hours per week, shadowing psychiatric consultations and psychological counseling services provided by the supervisor and her colleagues.
- Provided psychological counseling services for patients with schizophrenia and depression, as well as their families by utilizing art therapy and person-centered therapy.
- Coordinated psychoeducational group sessions to help patients re-adjust to society after they were discharged from hospital.

PUBLICATIONS/PROFESSIONAL PRESENTATIONS

- Liu, H.**, Yoon, E. (In Manuscript). Chinese International Students Marriage and Dating Issues
- Cabirou, L., Yoon, E., **Liu, H.**, Kim, D., Chung, H. (Under Review). *Content analysis of counseling/counseling psychology literature on immigrants/refugees*
- Liu, H.**, Wong, Y. J., Mitts, N. G., Li, P. J., & Cheng, J. (2020). A phenomenological study of East Asian international students' experience of counseling. *International Journal for the Advancement of Counselling*, 42(3), 269-291.
- Vera, E., Yoon, E., Chander, N., Kim, D., **Liu, H.**, Kolas, D., ... & Ahmad Mustaffa, E. (2020). A meta-analysis of support variables and well-being in ethnic minority populations. *Journal of Applied Social Psychology*, 50(11), 660-675.
- Wong, Y. J., Wang, L., Li, S., & **Liu, H.** (2017). Circumstances preceding the suicide of Asian Pacific Islander Americans and White Americans. *Death Studies*, 41(5), 311-317.
- Xu, H., **Liu, H.**, Suh, J.. The Factor Structure of Career Indecision in East Asia: An Emic Investigation in China and Korea (under review).
- Xu, H., **Liu, H.**, Suh, J. (2018, August). *The Factor Structure of Career Indecision in East Asia: An Emic Investigation in China and Korea*. Poster presented at the American Psychological Association Annual Convention, San Francisco, CA, United States.
- Vera, E., Yoon, E., Chander, N., Kim, D., **Liu, H.**, Kolas, D., Norgord, R., Gomez, M., Daniels, R., Matthews, K., Mustaffa EA. (2018, August). *A Meta-analysis of the Relation Between Support and Well-being in Ethnic Minority Populations*. Poster presented at the American Psychological Association Annual Convention, San Francisco, CA, United States.
- Yoon, E., Kim, D., **Liu, H.**, Cabirou, L., Chung, H. (2017, August). *Content analysis of counseling/counseling psychology literature on immigrants/refugees*. Poster presented at the American Psychological Association Annual Convention, Washington, DC, United States.
- Liu, H.**, Wong, Y. J., Goodrich, N., Cheng, J., Hong, S., & Kim, M. (2017, August). *Asian international students' experience of counseling*. Poster presented at the American Psychological Association Annual Convention, Washington, DC, United States.
- Liu, H.**, Wong, Y. J., Goodrich, N., & Cheng, J. (2016, April). *Asian international students' experience of counseling (partial results)*. Poster presented at the Great Lakes Conference, Bloomington, IN, United States.
- Liu, H.** & Stockton, R. (2015, August). *HIV/AIDS counseling in Botswana - a qualitative analysis of client satisfaction*. Symposium presented at the American Psychological Association Annual Convention, Toronto, ON, Canada.



TEACHING, ADVOCATING AND OUTREACH EXPERIENCE

Teaching Assistant

Counseling Skills, Loyola University Chicago Aug 2016 – Dec 2016

Teacher: Rufus R. Gonzales, Ph.D., Clinical Assistant Professor

- Assisted in-class teaching for about 30 graduate students.
- Led in-class teaching, provided after-class consultation, and graded for seven graduate students.

Introduction to Psychology, Fudan University, China Sep 2013 – Jan 2014

Teacher: Kan Chen, Ph.D., Assistant Professor

- Assisted in-class teaching, provided after-class consultation, managed class discussions, and graded for 195 Chinese students and international students (e.g., Korean students) in Fudan University.

Workshop Teacher/Clinician

Stress GPS @ UMass, Amherst, MA Aug 2020 – Aug 2021

- Teach knowledge and coping skills of stress management every week.

Making perfectionism working for you @ UMass Amherst Aug 2020 – Aug 2021

- Developed the content with the other clinician and taught university students about skills and knowledge from CBT, ACT, and DBT.

Time Management & Scientific Readings @ Arrupe College, Chicago, IL Sep 2016 – May 2017

- Identified the needs of the students at Arrupe college while communicating with them. Developed the workshops with the cohort to facilitate the students' adjustment.

Group Planner and Co-Facilitator

- Advocating for the unique needs and voices of international students and Asian American students in the post-election meetings. Plan and facilitate post-election support groups for international students, with colleagues and members from International Program Office.

Panel Presenter

Aug 2018

Center for Asian Health Equity, Chicago, IL

- Provided consultations regarding mental health services for residents in Chicago Chinatown.
- Presented at A Talk about Health: How to Approach Mental Health Services.

Tutor, Flagship Chinese Institute, Bloomington, IN

Feb 2015 – Dec 2015

Director: Dr. Yea-Fen Chen, Professor

- Provided individual tutoring services for undergraduate American students twice a week.
- Designed tutoring materials and prepared classes to meet students' individual needs.

Psychological Peer Mentor

09201 Class, Fudan University, Shanghai, China

Sep 2009 – Jun 2010

- Developed and led class events for over 100 students to help them adjust to college and develop social relationships.