

陈凌隽 博士

助理教授、硕士生导师
上海交通大学教育学院
邮箱: lingjunchen@sjtu.edu.cn

陈瑞球楼 227 室
上海市闵行区东川路 800 号
邮编: 200240

Education and Academic Positions 教育经历与学术职位

- | | |
|-----------|---|
| 2021-至今 | Shanghai Jiao Tong University, Center for School Mental Health Research, School of Education, Shanghai, China
中国 上海交通大学 教育学院 学生心理健康促进研究中心
Assistant Professor (06/2021-present), Deputy Director (12/2021-present)
助理教授 (2021 年 6 月至今)、副主任 (2021 年 12 月至今) |
| 2019-2021 | The University of Texas MD Anderson Cancer Center, Houston, TX, USA
美国 德克萨斯大学 MD 安德森癌症中心 健康差异研究系
Postdoctoral Fellow, Department of Health Disparities Research
博士后研究员 |
| 2013-2019 | Graduate School of Education, Univ. of Pennsylvania, Philadelphia, PA, USA
美国 宾夕法尼亚大学 教育学院
Ph.D. in Interdisciplinary Studies in Human Development
人类发展跨学科研究 博士 |
| 2009-2010 | Graduate School of Education, Harvard University, Cambridge, MA, USA
美国 哈佛大学 教育学院
M.Ed. in Human Development and Psychology
人类发展与心理学 硕士 |
| 2005-2009 | Peking University, Beijing, China
中国 北京大学
B.S. in Psychology; B.Phil. in Philosophy
心理学学士; 哲学学士 |

Research Interests 研究兴趣

adolescent social development; expressive writing; mental health promotion; health psychology
青少年社会性发展; 表达性写作; 心理健康促进; 健康心理学/行为医学

Grants & Research Support 课题项目

- | | |
|------|--|
| 2025 | 国家社会科学基金青年项目 (2025-2028): 父母患癌青少年的成长轨迹追踪研究; 主持
国家社会科学基金 |
| 2024 | 中小学心理健康工作研究课题 (2024-2025); 主持 |

国家心理健康和精神卫生防治中心、中国教育发展基金、教育部学生服务与素质发展中心

- 2024 上海交通大学文科青年人才培育项目（2024-2026）；主持
- 2022 上海交通大学教育学院重要科研培育项目（2022-2025）；主持
- 2021 浦江人才项目（上海市人力资源和社会保障局）（2021-2024）；主持
- 2021 上海交通大学启动基金（2021-2024）；主持
- 2016-2017 Research Grant: Center for the Study of Contemporary China, University of Pennsylvania; Project leader

Publications (*Corresponding Author) 论文及著作 (*为通讯作者)

- Chen, L.***, Wang, C., Smith, G. L., Dawkins-Moultin, L., Shin, L.J., Lu, Q.* (2024). Job loss and well-being among Chinese American breast cancer survivors: The mediating role of income and perceived stress. *International Journal of Behavioral Medicine*. Advance online publication. <https://doi.org/10.1007/s12529-023-10245-3> （失业与美籍华人乳腺癌幸存者的幸福感：收入和感知压力的中介作用）
- Chen, L.**, Liu, H., Shi, L., & Gong, R. (2024). Global comparison of student mental health in China. In N. C. Liu, Z. L. Feng, & Q. Wang (Eds.) *Education in China and the world* (pp. 445-503). Springer, Singapore. https://doi.org/10.1007/978-981-99-5861-0_10 （中国学生心理健康与全球比较）
- Shi, L.†, **Chen, L.*†**, & Gong, R. (2023). Civic-moral education research in China (1992-2022): A scoping review. *Behavioral Sciences*, 13(10), 819. <https://doi.org/10.3390/bs13100819> [† Co-first Author] （中国公德教育研究（1992-2022）：范围综述）
- Li, M., Jin, G., Ren, T., Haidabieke, A., **Chen, L.***, & Ding, X.* (2023). Relations between prosociality and psychological maladjustment in Chinese elementary and secondary school students: mediating roles of peer preference and self-perceived social competence. *Behavioral Sciences*, 13(7), 547. <https://doi.org/10.3390/bs13070547> （中国中小学生亲社会性与心理适应不良之间的关系：同伴偏好与自我感知社会能力的中介作用）
- Choi, E.*, Shin, L.J., **Chen, L.**, & Lu, Q.* (2023). Lived experiences of young adult Chinese American breast cancer survivors: A qualitative analysis of their strengths and challenges using expressive writing. *European Journal of Oncology Nursing*, 62, 102253. <https://doi.org/10.1016/j.ejon.2022.102253> （美籍华人年轻乳腺癌幸存者的生活经历：利用表达性写作对其优势与挑战的质性分析）
- Chu, Q.*, Tang, M., **Chen, L.**, Young, L., Loh, A., Wang, C., & Lu, Q.* (2022). Evaluating a pilot culturally sensitive psychosocial intervention on posttraumatic growth for Chinese American breast cancer survivors. *Behavioral Medicine*, 48(4), 251-260. <https://doi.org/10.1080/08964289.2020.1845600> （评估一项针对美籍华人乳腺癌幸存者的具有文化敏度的心理社会干预对创伤后成长的影响）

- Lu, Q. *, **Chen, L.**, Shin, L.J., Wang, C., Dawkins-Moultin, L., Chu, Q., Loh, A. & Young, L., & Wang, C. (2021). Improvement in quality of life and psychological well-being associated with a culturally based psychosocial intervention for Chinese American breast cancer. *Supportive Care in Cancer*, 29(8), 4565-4573. <https://doi.org/10.1007/s00520-020-05942-8> (基于文化的心理社会干预措施对美籍华人乳腺癌患者生活质量和心理健康的改善作用)
- Lu, Q. *, Warmoth, K., **Chen, L.**, Wu, C., Chu, Q., Li, Y., Gallagher, M., Stanton, A., Kagawa-Singer, M., Young, L., & Loh, A. (2021). A culturally sensitive social support intervention (Joy Luck Academy) for Chinese American breast cancer survivors: Protocol for a randomized controlled trial. *JMIR Research Protocols*, 10(9), e30950p.1-p.8. <https://doi.org/10.2196/30950> (随机对照试验方案：一项针对美籍华人乳腺癌幸存者的具有文化敏度的社会支持干预)
- Ju, S., Chen, X. *, **Chen, L.**, Zhao, S., & Fegley, S. (2021). Relations of maternal power assertion and autonomy support with children's adjustment in Korea. *Journal of Family Psychology*, 35(3), 335-344. <https://doi.org/10.1037/fam0000720> (母亲教养行为中的权威施加和自主支持及其与韩国儿童适应之间的关系)
- Chu, Q. *, Wong, C.C.Y., **Chen, L.**, Shin, L.J., Chen, L., & Lu, Q. * (2021). Self-stigma and quality of life among Chinese American breast cancer survivors: A serial mediation model. *Psycho-Oncology*, 30(3), 392-399. <https://doi.org/10.1002/pon.5590> (美籍华人乳腺癌幸存者的自我污名化与生活质量：一个序贯中介模型)
- Nguyen, A. *, McDaniel, H. L., Summer, B., **Chen, L.**, & Bradshaw, C. P. * (2021). Contextualizing the association between school climate and student well-being: The moderating role of rurality. *Journal of School Health*, 91(6), 463-472. <https://doi.org/10.1111/josh.13026> (校园氛围与学生幸福感之间关联的情境化：乡镇地域的调节作用)
- Warmoth, K., Wong, C.C.Y., **Chen, L.**, Ivy, S., & Lu, Q. * (2020). The role of acculturation in the relationship between self-stigma and psychological distress among Chinese American breast cancer survivors. *Psychology, Health, & Medicine*, 25(10), 1278-1292. <https://doi.org/10.1080/13548506.2020.1734638> (文化适应在美籍华人乳腺癌幸存者自我污名化与心理压力之间关系中的作用)
- Chen, L.**, & Chen, X. * (2020). Affiliation with depressive peer groups and social and school adjustment in Chinese adolescents. *Development and Psychopathology*, 32(3), 1087-1095. <https://doi.org/10.1017/S0954579419001184> (中国青少年的抑郁同伴群体联结及其社会和学校适应)
- Chen, L.**, Chen, X. *, Zhao, S., Jin, S., Li, L., & French, D. (2019). Predicting substance use and deviant behavior from prosociality and sociability in adolescents. *Journal of Youth and Adolescence*, 48(4), 744-752. <https://doi.org/10.1007/s10964-018-0940-4> (从亲社会性和社交性预测青少年物质使用与偏差行为)
- Chen, X., Lee, J., & **Chen, L.** (2018). Culture and peer relationships. In W. M. Bukowski, B. Laursen & K. H. Rubin (Eds.) *Handbook of peer interactions, relationships, and groups*

(2nd ed.) (pp. 552-570). New York: The Guilford Press. (文化与同伴关系)

Lu, Y., DiPierro, M., **Chen, L.**, Chin, R., Fava, M., & Yeung, A.* (2014). The evaluation of a culturally appropriate, community-based lifestyle intervention program for elderly Chinese immigrants with chronic diseases: a pilot study. *Journal of Public Health*, 36(1), 149-155. <https://doi.org/10.1093/pubmed/fdt037> (针对患有慢性疾病的老年华人移民的社区基础生活方式干预项目的评估：一项试点研究)

易春丽, 陈凌隽, 魏依, & 周婷. (2009). 吸毒患者家庭环境与抑郁等关系研究及其对未来心理干预的启示. *中国药物依赖性杂志*, 18(05), 428-432. <https://doi.org/10.1093/pubmed/fdt037>

易春丽, 周婷, 陈凌隽, & 崔忱. (2008). 吸毒者与一般对照人群的家庭环境、羞耻感、自尊、社会期望及抑郁水平的比较. *中国药物依赖性杂志*, 17(05), 362-366.

***Selected Conference Presentations* 主要会议报告**

Gong R., & **Chen, L.** (2025). Examining expressive writing as a potential strategy to reduce depression in high school students. Presented at Society for Research in Child Development 2025 Biennial Meeting, Minneapolis, USA.

陈凌隽, 卓东霓. (2024). 表达性写作、心理状态与学业表现：范围综述与元分析. 在中国心理学会行为与健康心理学专业委员会 2024 年学术年会口头报告, 新乡, 河南, 中国.

Chen, L., & Chen, X. (2024). Affiliation with aggressive peer groups, autonomy, and adjustment in Chinese middle and high school students. Presented at the Biennial Meeting of the International Society for the Study of Behavioral Development, Lisbon, Portugal.

陈凌隽. (2023). 范围综述：助人行为引发的压力. 在中国心理学会行为与健康心理学专业委员会 2023 年年会上口头报告, 西安, 陕西, 中国.

陈凌隽, 宫瑞, 施乐. (2023). 中国学校心理健康研究现状综述. 在第 25 届全国心理学学术会议上口头报告, 成都, 四川, 中国.

Chen, L., Tan, N., Shin, L.J., & Lu, Q. (2021). Work and financial challenges faced by Chinese American breast cancer survivors. Presented at the 42nd Annual Meeting & Scientific Sessions of the Society of Behavioral Medicine, Virtual Conference.

Chen, L., & Chen, X. (2019). Affiliating with academic peer groups, openness to experience, and social and psychological adjustment in adolescents. Presented at the Biennial Conference of the Society for Research in Child Development, Baltimore, MD, USA.

Chen, L., & Chen, X. (2018). The role of friendship quantity in Chinese adolescents' social and school adjustment. Presented at the Biennial Meeting of the International Society for the Study of Behavioral Development, Gold Coast, Australia.

***Professional & Teaching Experience* 教学经历**

2022-2025 独立授课教师, 课程名称: 《学校心理健康与辅导》(EDU6907), 面

	向硕士生，上海交通大学教育学院，上海，中国
2024-2025	独立授课教师，课程名称：《心理健康与学生成长》（EDU3803），面向本科生，上海交通大学教育学院，上海，中国
2024-2025	独立授课教师，课程名称：《心理健康与学生成长》（EDU6803），面向硕士生，上海交通大学教育学院，上海，中国
2024	联合授课教师，课程名称：《学习动机理论与实践》（EDU8907），面向硕士生，上海交通大学，上海，中国
2017-2018	Independent Instructor, course name: <i>Family Dynamics and Human Development</i> , for both Master's and undergraduate students, University of Pennsylvania Graduate School of Education, Philadelphia, PA, USA
2013	教师，课程名称：《英语文学与写作》，澜大教育，上海，中国
2012	教学研究高级专员，狄邦教育集团，上海，中国
2011-2012	高级升学指导顾问，狄邦教育集团-凯斯教育，上海，中国

***Selected Service & Leadership Experience* 主要社会服务经历**

2022 至今	指导专家，上海交通大学凯原法学院心理健康教育与咨询中心，上海，中国
2020-2021	委员，美国健康心理学会国际关系委员会
2017	Co-organizer, 2017 SRCD Biennial Meeting, Chinese students and scholars workshop, Austin, TX, USA
2016-2018	Founder & President, Mentor & Mentee at Penn, a student organization that supports students of University of Pennsylvania with mentorship from alumni, Philadelphia, PA, USA
2013	Member, GSE Student Advisory Council, University of Pennsylvania, Philadelphia, PA, USA

***Selected Honors & Awards* 主要荣誉与奖项**

2024	课程教学创新设计专项项目（已结项）：上海交通大学教学与学习发展中心
2023	上海交通大学 WCU 2023 奖教金
2021	上海市海外高层次引进人才
2021	上海市浦江人才计划
2021	上海交通大学教育学院青年教师教学比赛二等奖
2020	Outstanding Research Trainee Award Nomination: The University of Texas MD Anderson Cancer Center

2018	Travel Grant: Graduate and Professional Student Assembly, University of Pennsylvania
2013-2017	Dean's Fellowship: Graduate School of Education, University of Pennsylvania
2016	ISSBD Travel Grant: International Society for the Study of Behavioral Development Early Career Scholar Grant
2015	SRCD Student Travel Award: Society for Research in Child Development
2008	国家奖学金
2008	北京大学三好学生标兵
2007	北京大学五四奖学金
2006	费孝通奖学金